My Endless Prayer

What I See:

Date:

"For we walk by faith, not by sight:" ...2 Corinthians 5:7

What God Says:

Scriptural Ref:

"Faith comes by hearing, and hearing by the word of God." ...Romans 10:17

What I Say:

Witness:

Therefore...

For it is written...

"...as you believe, so it is done unto you." ...Matthew 8:13

Endless Prayer Instructions

Preparation

What I See ~ **In this box**, briefly describe the condition that you wish to heal. **Then,** trace over the *"circle and slash,"* preferably with a red marker. **Finally,** place the date above the upper right hand corner.

What God Says ~ **In this box,** write out a scriptural passage that contradicts the condition described above. Pick a scripture that creates a "felt-sense" of real hope within you. Be sure to personalize your passage. (For example: "By his stripes **we were** healed" would become "By his stripes **I was** healed.") **Finally,** place the scriptural reference above the upper right hand corner.

What I Say ~ **In this box,** briefly describe the logical and desired outcome of the scripture above being revealed in your life. This affirmation would generally begin in one of four possible ways:

Therefore, I believe I have received... *Therefore, I feel that I deserve...*

Therefore, I give thanks that/for... *Therefore, I am...*

Next, complete the statement with a brief description of your desired intention or outcome. **Finally,** place the name of your "witness" above the upper right hand corner.

Practice

- **Use this prayer daily** by reading your scripture aloud followed by your personal affirmation. **Then,** continue to circulate back and forth between your scripture and your affirmation for at least 30 repetitions. For example:

  "By his stripes I was healed," > Therefore, I give thanks that I am healed.
  For it is written, > "By his stripes... (And so on).

  Finally, finish with an "Amen." You may wish to do 2 or 3 sessions each day.

- **A very powerful practice** would be to do this prayer 70 time a day for seven days according to the scriptural suggestion: "Lord, how often should I forgive my brother when he sins against me? Seventy times?" Jesus then said, "Not just seven times, but seventy times seven." ...Matthew 18:21,22

- **Share your prayer** with at least one other person who will serve as your "witness." Have them simply set themselves into agreement with you regarding the revelation of Truth that you intend.

- **Use this prayer anytime** during the day that fear arises as a result of the condition described in the box at the top. You might want to carry a copy of this prayer around during the day.

- **Use the back of this sheet** to record any wisdom or insights that may arise during the course of your practice. Also, record the final outcome of the practice, and be sure to date it.